"Fountain of Life" The Book of Proverbs

Summer 2020 (June 14 - August 30)

Series Overview: Are you feeling it? With all that's happening in our world, stress levels are high, and many of us are feeling weary... exhausted...confused. This summer, let's pause and allow God to refresh our souls through the 3,000-year-old wisdom of Proverbs. Throughout the book, wisdom is referred to as "the fountain of life"—exactly what we need when we're empty and dry. Come and drink deeply from the fountain of life.

Topics that we'll be addressing include: Pursuing Wisdom, Humility & Pride, Good Sex/Bad Sex, The Power of Words, Making Decisions, Wealth & Greed, Diligence & Laziness, Good Friends/Bad Friends, The Wisdom of Compassion, Leading Wisely, Controlling Anger, and Everything in Moderation.

LECTIO DIVINA

This summer, we encourage you and your group to use Lectio Divina to discuss the Sermon message.

Directions for Lectio Divina: Use the provided passages to guide your group in a discussion of the sermon topic.

- 1. Have one person read the passage slowly.
- 2. Meditate on the passage silently for one minute.
- 3. Share key words, phrases, situations, or emotions you notice in the passage.
- 4. Repeat steps 1-3, reading with fresh eyes, and share any new observations or insights.
- 5. When done, discuss HOW you can apply what you learned from the Scriptures and your group discussion. Be specific. Share one or two action steps you will take. Consider what you can do as an individual, and also together as a Small Group. End your time in prayer, asking the Lord to direct your steps and for His Spirit to empower you in action.

WEEK 4: The Power of Your Words, Proverbs

Proverbs 18:21

The tongue has the power of life and death, and those who love it will eat its fruit.

Proverbs 12:18-19 (ESV)

¹⁸ There is one whose rash words are like sword thrusts, but the tongue of the wise brings healing. ¹⁹ Truthful lips endure forever, but a lying tongue is but for a moment.

A gentle tongue is a tree of life, but perverseness in it breaks the spirit.

^{16:24} Gracious words are like a honeycomb, sweetness to the soul and health to the body.

Proverbs 10:19 (ESV)

¹⁹ When words are many, transgression is not lacking, but whoever restrains his lips is prudent.

Proverbs 12:23 (MSG)

²³ Prudent people don't flaunt their knowledge; talkative fools broadcast their silliness.

Proverbs 17:28 (MSG)

²⁸ Even dunces who keep quiet are thought to be wise; as long as they keep their mouths shut, they're smart

Supplementary Scriptures: The Power of Words in Proverbs

Proverbs 11:12-13 Proverbs 12:18-19, 22-23, 25 Proverbs 15:4, 23, 28 Proverbs 16:24, 28 Proverbs 18:2, 7-8, 13, 20-21 Proverbs 26:20-22