

“Fountain of Life” The Book of Proverbs

Summer 2020 (June 14 - August 30)

Series Overview: Are you feeling it? With all that’s happening in our world, stress levels are high, and many of us are feeling weary... exhausted...confused. This summer, let’s pause and allow God to refresh our souls through the 3,000-year-old wisdom of Proverbs. Throughout the book, wisdom is referred to as “the fountain of life”—exactly what we need when we’re empty and dry. Come and drink deeply from the fountain of life.

Topics that we’ll be addressing include: Pursuing Wisdom, Humility & Pride, Good Sex/Bad Sex, The Power of Words, Making Decisions, Wealth & Greed, Diligence & Laziness, Good Friends/Bad Friends, The Wisdom of Compassion, Leading Wisely, Controlling Anger, and Everything in Moderation.

LECTIO DIVINA

This summer, we encourage you and your group to use Lectio Divina to discuss the Sermon message.

Directions for Lectio Divina: Use the provided passages to guide your group in a discussion of the sermon topic.

1. Have one person read the passage slowly.
2. Meditate on the passage silently for one minute.
3. Share key words, phrases, situations, or emotions you notice in the passage.
4. Repeat steps 1-3, reading with fresh eyes, and share any new observations or insights.
5. When done, discuss HOW you can apply what you learned from the Scriptures and your group discussion. Be specific. Share one or two action steps you will take. Consider what you can do as an individual, and also together as a Small Group. End your time in prayer, asking the Lord to direct your steps and for His Spirit to empower you in action.

WEEK 11: Controlling Anger Proverbs 20:22, 14:29, 16:32, 25:28

Proverbs 20:22

Do not say, I’ll pay you back for this wrong.” Wait for the Lord and he will avenge you.

Proverbs 14:29

“Whoever is patient has great understanding, but the one who is quick-tempered displays folly.”

Proverbs 16:32

“Better a patient person than a warrior, one with self-control than one who takes a city.”

Proverbs 25:28

“Like a city whose walls are broken through is a person who lacks self-control.”

Supplementary Scriptures**James 1: 19-20**

“My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires.”

John 2:13-16

“When it was almost time for the Jewish Passover, Jesus went up to Jerusalem. In the temple courts he found people selling cattle, sheep and doves, and others sitting at tables exchanging money. So he made a whip out of cords, and drove all from the temple courts, both sheep and cattle; he scattered the coins of the money changers and overturned their tables. To those who sold doves he said, “Get these out of here! Stop turning my Father’s house into a market!”