

Manna
Exodus 16

¹The whole Israelite community set out from Elim and came to the Desert of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had come out of Egypt. ²In the desert the whole community grumbled against Moses and Aaron. ³The Israelites said to them, "If only we had died by the Lord's hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death." ⁴Then the Lord said to Moses, "I will rain down bread from heaven for you. The people are to go out each day and gather enough for that day. In this way I will test them and see whether they will follow my instructions. ⁵On the sixth day they are to prepare what they bring in, and that is to be twice as much as they gather on the other days."

Verse 13: ¹³That evening quail came and covered the camp, and in the morning there was a layer of dew around the camp. ¹⁴When the dew was gone, thin flakes like frost on the ground appeared on the desert floor. ¹⁵When the Israelites saw it, they said to each other, "What is it?" For they did not know what it was. Moses said to them, "It is the bread the Lord has given you to eat. ¹⁶This is what the Lord has commanded: 'Everyone is to gather as much as they need. Take an omer for each person you have in your tent.'"

¹⁷The Israelites did as they were told; some gathered much, some little. ¹⁸And when they measured it by the omer, the one who gathered much did not have too much, and the one who gathered little did not have too little. Everyone had gathered just as much as they needed. ¹⁹Then Moses said to them, "No one is to keep any of it until morning." ²⁰However, some of them paid no attention to Moses; they kept part of it until morning, but it was full of maggots and began to smell. So Moses was angry with them.

Verse 31: ³¹The people of Israel called the bread manna. It was white like coriander seed and tasted like wafers made with honey. ³²Moses said, "This is what the Lord has commanded: 'Take an omer of manna and keep it for the generations to come, so they can see the bread I gave you to eat in the wilderness when I brought you out of Egypt.'"

And verse 35: ³⁵The Israelites ate manna forty years, until they came to a land that was settled; they ate manna until they reached the border of Canaan.

PERSONAL REFLECTION PAGE - Discovery Bible Study Format

Directions: Use the provided Scripture passages & personal reflection sheet to guide your quiet time and small group discussions this week. Small group leaders can refer to the Discovery Bible Study guide (and video, if needed) on the Small Groups page for additional information on how to use this with their groups.

What does the passage say? Rewrite it in your own words.

What do you think the passage means? What do you learn about God? How does the passage point you to Jesus? What do you learn about people, or about yourself?

This is God's Word speaking to you. Are there things you are doing well? Is there something specific He is telling you to do or change? What will you do? Be specific!

Who is someone in your life that you can share with this week about what you learned? How will you share with them? Be specific and intentional!

How else can you show God's love to other people this week? Who is in need? Consider ways to serve individually and also as a Small Group.
