

6 - Week Small Group Connection Activities

Leaders: Use these connection activities at the start of your group each week to help encourage sharing, openness, listening, cooperation and discussion. Doing these will also help build and foster connections with your group members.

Why use Connection Activities?

These activities play an important role in helping groups connect and build deeper connections with one another. If your group is new, there is much to be learned about everyone! But even if you've been together for a while, there's always something new and interesting that you can learn about each other! Connection activities help enhance the Small Group discussion by stimulating participation and discussion, making people feel more comfortable about opening up and sharing.

Leader Tips:

- Be enthusiastic – the group will follow your lead!
- Timing is important – remind everyone to be brief so everyone can share. Ice breakers shouldn't take too long.
- Choose relevant ice breakers – you know your group the best. Every group is different, if an ice breaker won't work for your group – feel free to choose another one that will work better!

Week 1: Exile Game

Description: Leader, announce: “You’ve been exiled to a deserted island for a year. In addition to the essentials, you may take three things. What would you choose, and why.” Allow a few minutes for people to think about this question, then share your choices with the rest of the group.

Week 2: Life Highlights

Description: Leader, ask group members to take a few minutes and think about 3 of the BEST moments in their life. These can include family time, personal successes and achievements, adventures, work, etc! After a few moments, ask everyone to share their 3 highlights with the group (remind them to be brief). After everyone has shared, tell them they only have 30 seconds to live, and ask them which 30 seconds they would want to relive and why?

Week 3: Scary Life Stories: Fact or Fiction

Description: One of Daniel’s scariest moments was probably when he was thrown into the lion’s den. Meshach, Shadrach, and Abednego also faced the scary moment of being thrown into the fiery furnace. We also face scary situations in today’s world. Tell your group about one of the scariest situations you’ve ever experienced – can be “fact or fiction.” Share the situation, how you responded, and what the outcome was, then ask the group to decide if your story is “fact or fiction.”

Week 4: Humble Pie

Description: Share with the group your favorite pie.....then, share an event, occurrence, or circumstance in your life has served to humble you, or help you develop more humility. Remind the group to be brief in their sharing.

Week 5: Get to the Finish Line – Name Game

Description: Life is hard! As Christ-followers, we face growing opposition but we are called to be confident of ultimate victory and persevere. Using the letters in your name, write the things that help you persevere in the midst of hard times.

EXAMPLE: J (joy) A (asking for prayer) C (Christ) K (kneeling in prayer), I (insights from Gods Word and others) E (encouragement from others)

Week 6: Spiritual Warfare Verses – What’s yours?

Description: We live in the midst of an unseen spiritual world behind the physical world, and we need to learn to see what our eyes can’t see. When we are faced with spiritual warfare, what are your go-to verses, and how do they help encourage you, deepen your prayer life and strengthen your resolve?